



# Safe Use and Inspection of Ladders and Steps



#### Introduction

The Working at Height Regulations require all individuals who are involved with working at height activities to be trained and competent. Working from either ladders or stepladders can be potentially dangers.

This course is aimed at improving knowledge and enhancing ability to use and inspect steps and ladders safely.



### **Course Duration**

SSG offer this course over half a day as a classroom course.



#### **Course Attendees**

This course is aimed at any person, from any industry, who is required to use or inspect ladders and steps during the course of their work.



#### Course Programme

- Course introduction
- Health and safety law
- Ladder classes
- Safe use of ladders and stepladders
- Ladders and stepladder inspection
- Practical exercise
  - o Inspection of ladders and step ladders
  - o Safe use of ladder and stepladder

#### Note

For private courses held at a client's venue, the client must provide equipment for use in practical exercises.





# Training Certification and Assessment

On successful completion of training, delegates will receive an SSG course attendance certificate.



## Suggested Follow on and Complementary Courses

- PASMA Towers for Users
- Working Safely at Heights